What is claimed is:

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- 1. An insulating tube comprising:
 - a underlying insulating film;

as the first sidewall insulating film; and

- 5 a first sidewall insulating film disposed on the underlying insulating film;
 - a second sidewall insulating film disposed on the underlying insulating film, opposite to the first sidewall insulating film so as to provide a cavity between the first and second sidewall insulating films having the same height
 - an upper insulating film provided over the first and second sidewall insulating films.
- 15 2. The insulating tube of claim 1, wherein the upper insulating film includes:
 - a central beam laid over the first and second sidewall insulating films so as to seal an upper portion of the cavity;
- a first side-beam disposed on the first sidewall insulating film having the same height as the central beam; and
 - a second side-beam disposed on the second sidewall insulating film and having the same height as the first side-beam so as to sandwich the central beam with the first side-beam.

- 3. The insulating tube of claim 1, wherein a bottom portion width of the first sidewall insulating film contacting the underlying insulating film is narrower than a middle portion width of the first sidewall insulating film spaced from the underlying insulating film and a bottom portion width of the second sidewall insulating film contacting the underlying insulating film is narrower than a middle portion width of the second sidewall insulating film spaced from the underlying insulating film is film.
- 4. The insulating tube of claim 1, wherein a top portion width of the first sidewall insulating film contacting the upper insulating film is narrower than a middle portion width of the first sidewall insulating film spaced from the upper insulating film and a top portion width of the second sidewall insulating film contacting the upper insulating film is narrower than a middle portion width of the second sidewall insulating film spaced from the upper insulating film.
 - 5. The insulating tube of claim 3, wherein the bottom portion width is 10 nm to 30 nm narrower than the middle portion width.

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6. The insulating tube of claim 4, wherein the top portion width is 10 nm to 30 nm narrower than the middle portion

width.

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- 7. The insulating tube of claim 2, wherein the width of the first side-beam is narrower than the width of the first sidewall insulating film and the width of the second side-beam is narrower than the width of the second sidewall insulating film.
 - 8. A semiconductor device comprising;
- 10 a substrate;
 - a first interlayer insulating film disposed on the substrate;
 - a underlying insulating film disposed on the first interlayer insulating film;
- a first sidewall insulating film disposed on the underlying insulating film;
 - a second sidewall insulating film disposed on the underlying insulating film, opposite to the first sidewall insulating film so as to provide a cavity between the first and second sidewall insulating films having the same height as the first sidewall insulating film;

an upper insulating film provided over the first and second sidewall insulating films; and

- a wiring disposed around the first and second 25 sidewall insulating films.
 - 9. The semiconductor device of claim 8, wherein the wiring

includes a wiring core disposed around one of the first and second sidewall insulating film and a barrier metal disposed around the wiring core.

5 10. A method of manufacturing a semiconductor device comprising:

depositing a first interlayer insulating film on a
substrate;

depositing a underlying insulating film on the interlayer insulating film;

depositing a porous-low-k film on the underlying
insulating film;

depositing a low-k film on the porous-low-k film; etching the porous-low-k film and the low-k film so as to provide a groove and changing chemical compositions of a residual part of the porous-low-k film and a residual part of the low-k film, and forming first and second sidewall insulating films at sidewall portions of the residual porous-low-k film, and forming first and second side-beams at the sidewall portions of the residual low-k film; and

removing a central portion of the residual porous-low-k film formed between the first and second sidewall insulating films.

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11. The method of claim 10, wherein the porous-low-k film and the low-k film are etched by a chemical solution

solution.

12. The method of claim 10 includes evaporating moisture the porous-low-k film and the low-k film.

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- 13. The method of claim 10 includes burying a pair of wirings around the first and second sidewall insulating films.
- 10 14. The method of claim 13, wherein the pair of wirings is formed by depositing a barrier metal on the surface of the groove and depositing a wiring core on the barrier metal.
- 15. The method of claim 13, further comprising forming a second insulating film on the wiring; forming a upper groove configured to penetrate the second insulating film; and burying a upper wiring on the upper groove.

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- 16. The method of claim 10, wherein the groove is formed by fluorine gas.
- 17. The method of claim 11, wherein a hydrofluoric acid25 is the chemical solution.
 - 18. The method of claim 11 wherein a buffered

hydrofluoric acid is the chemical solution.

- 19. The method of claim 11, wherein the cavity is formed by providing moisture to the porous-low-k film with water vapor.
- 20. The method of claim 11, wherein the cavity is formed by providing moisture to the porous-low-k film with hydrofluoric acid.

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